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Loose Girl: A Memoir Of Promiscuity





Synopsis

Kerry Cohen is only 11 years old when she recognizes the power of her female form in the leer of a grown man. Her parents are recently divorced, and it doesn't take long before their lassitude and Kerry's desire to stand out, to be memorable in some way, combine to lead her down a path she senses she shouldn't take. Kerry wanted attention, and she wanted love. Vulnerable and adrift, she turned to sex instead. Loose Girl is Kerry's captivating memoir about her descent into promiscuity and how she gradually found her way toward real intimacy. It's a story of addiction - not just to sex but to male attention, how she came to believe boys and men could fill her emptiness, and how she tried to control them by handing over her body. From the early rush of exploration, when her virginity was technically still intact, to the day she learned to quiet the desperation and allow herself to be loved, Kerry's story is never less than riveting. In rich and immediate detail, Loose Girl re-creates what it feels like to be in that desperate moment, when the touch of a boy seems to offer proof of something - of being worthwhile, of being loved - but ultimately delivers little more than emptiness. Kerry's journey from that hopeless place to her current confident, happy existence is a cautionary tale and a revelation for girls both young and old.

Book Information

Audible Audio Edition

Listening Length: 8 hours and 23 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Tantor Audio

Audible.com Release Date: July 2, 2008

Language: English

ASIN: B001CA5WAU

Best Sellers Rank: #81 in Books > Audible Audiobooks > Health, Mind & Body > Sexuality #936 in Books > Medical Books > Psychology > Sexuality #1396 in Books > Health, Fitness & Dieting

> Psychology & Counseling > Sexuality

Customer Reviews

I probably had no business reading this book. I'm a 20 year old guy, and Cohen's new memoir has been clearly targeted towards women, specifically young girls still coming of age. When I was buying it, the lady at the Borders cash register gave me one of the strangest looks I have ever seen. I tried to explain. It was recommended to me by a friend, so I figured it would be an interesting read.

I'd just sell it back on after I was done. All that being said, there is no way I am selling this book. We have all seen those girls at bars and parties, the ones who flaunt themselves around. The ones everybody calls whores and sluts. Maybe you look at them with disgust. Maybe with pity or empathy. Maybe, if you're like one of the guys in Cohen's story, you look at them with lust. Whatever it is you think when you see a promiscuous girl, this book will change your mind forever. Loose Girl holds nothing back. Cohen writes about her journey with heart-breaking honesty and detail that will make you cringe. The recount of sexual incidents during her childhood and adolescence is melancholy and at times very disturbing. As she continues on through high school and college, making the same mistakes over and over, the story becomes downright agonizing. The last section reads like day turning from afternoon to dusk, or perhaps late night becoming dawn. Every chapter holds new truths. She answers questions that can't be answered--questions about why we are the way we are, what it means to love and be loved. There is a part where she realizes "Not being able to live without someone is not love. It's need." Quotes like this make the book unforgettable. In the process of writing and publishing her memoir, Cohen has taken a lot of unwarranted criticism.

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